Daniel's Ayurveda Resort

Name : .....

Date : .....

Room No : .....

Signature : .....

TREATMENT DAY																				
Consultation																				
Intenal Oiliation																				
Head/Sculp Massage																				
Face Massage																				
Body Massage																				
Neck Shoulder Massage																				
Back Massage																				
Leg Massage																				
Foot Massage																				
Abyanga																				
Shirodara																				
Sarwangadara																				
Dry Powder Udwarthana																				
Wet Powder Udwarthana																				
Steam Bath																				
Herbel Bath																				
Pinda Sweda																				
Inhaletion																				
Formantation																				
SPECIAL TREATMENT																				
Shiro Vasti																				
Shiro Lepa																				
Lepa																				
Kati Vasti																				
Uro Vasti																				
Pichu																				
Herbel Facial																				
Akshi Tharpana/Parisheka																				
PANCHA KARMA																				
Nashya Karma																				
Vamana Karma																				
Virechana Karma																				
Vasti Karma																				
Raktha Mokshana																				

* Please take your medicine After Breakfast/After Lunch/After Dinner

After Last Treament Please return your Treatment

Breakfast :07.30 **Lunch :13.00** **Dinner :18.00**